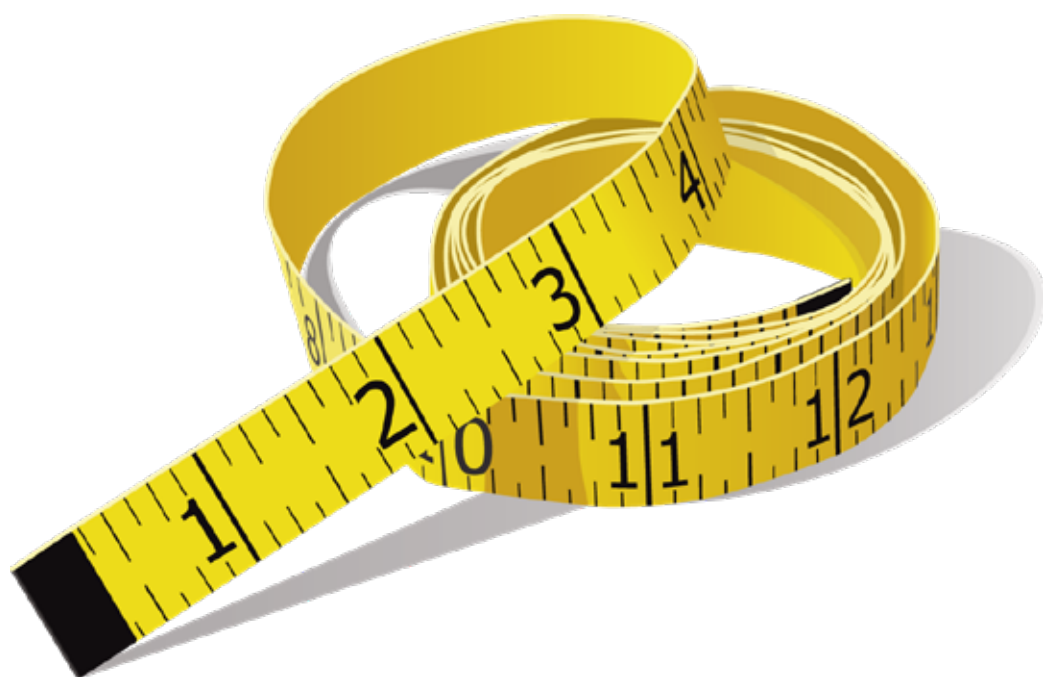
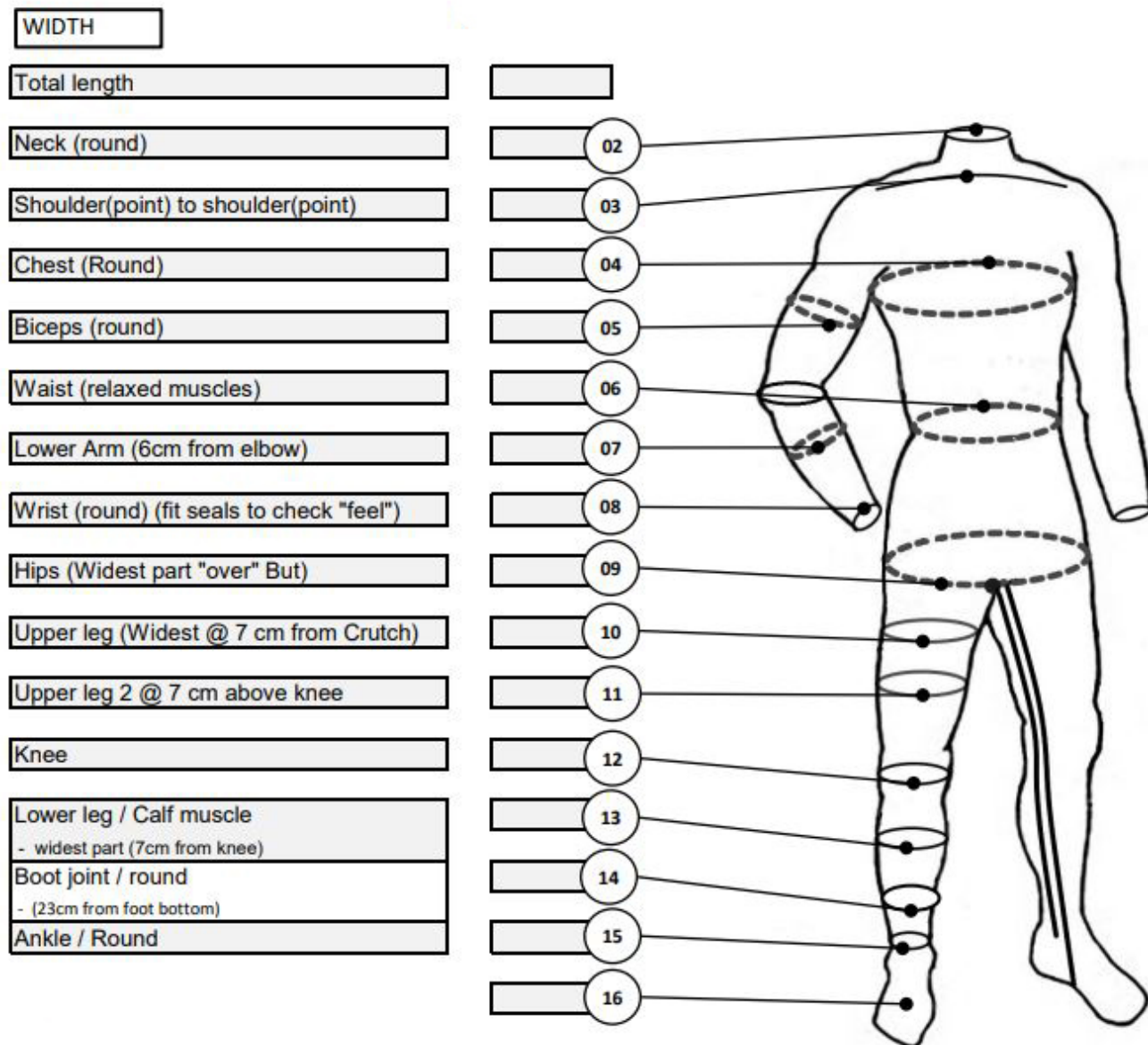


[®]
PROCEAN

MTM

HOW TO MEASURE





TAKING MEASUREMENTS

02 NECK



03 SHOULDER

Shoulder to shoulder



04 CHEST

All the way around the chest

Always choose the largest dimension



05 BICEPS

All the way around the biceps

Always choose the largest dimension



06 WAIST

All the way around the waist
Relaxed muscles



07 LOWER ARM

All the way around the lower arm
6 cm from the elbow



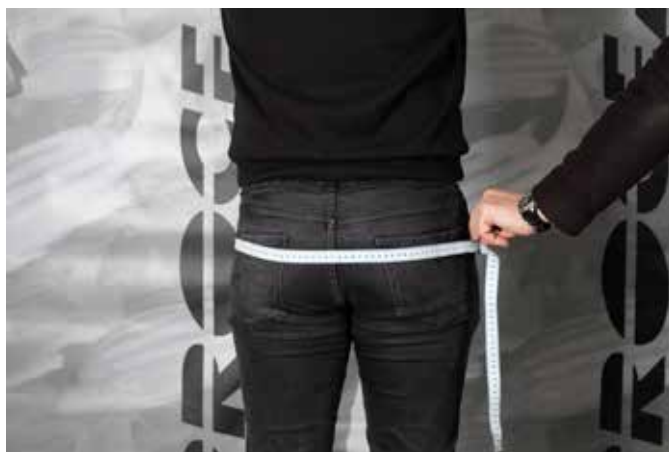
08 WRIST

All the way around the wrist
Fit seals for to check "feel"

09 HIPS

All the way around the hips
Widest part "over" but

Always choose the largest
dimension



10 UPPER LEG

All the way around the upper leg
Widest at 7cm above the crutch



11 UPPER LEG mid

All the way around the upper leg
7 cm above the knee



12 KNEE

All the way around the knee



13 LOWER LEG

All the way around the calf muscle
Widest part 7 cm from knee

Always choose the largest dimension



14 BOOT JOINT

All the way around the boot joint
23 cm from the foot bottom



LENGTH

Back length - neck (z) to waist (w)

Neck to wrist - center neck (Z) to wrist

Arm length / Inside seam

Front Length - neck (A) to waist (T)

Body Loop (A) to (Z)

Outside leg seam / Waist to foot

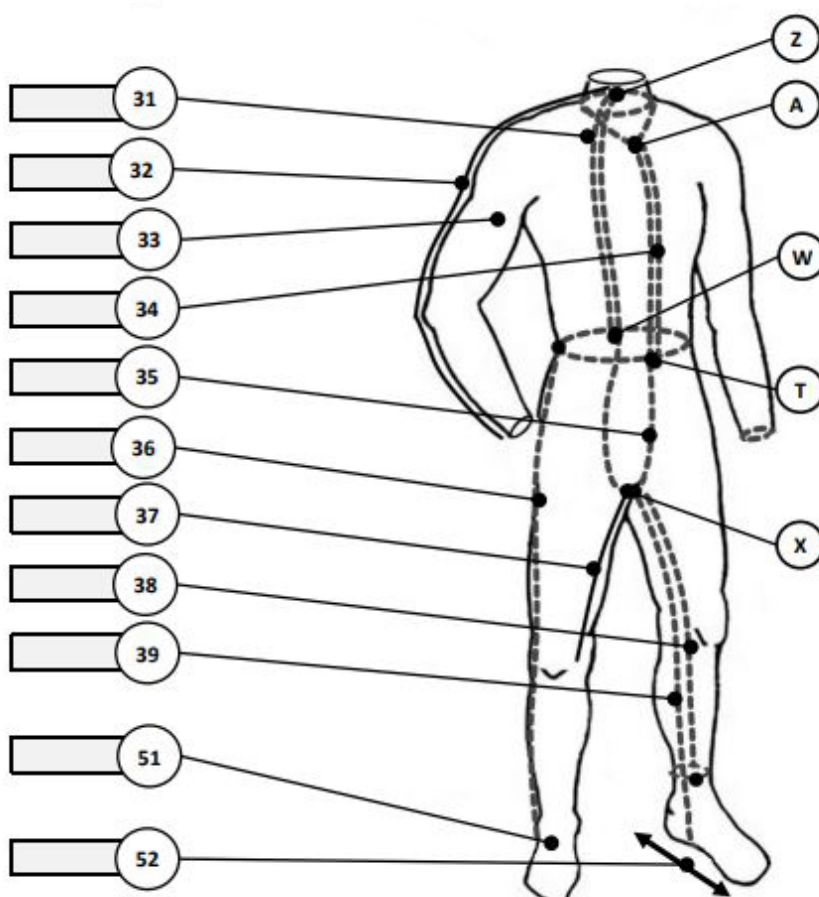
Inside leg / Crotch (X) to Knee joint

Inside leg / Crotch (X) to ankle joint

Inside leg / Crotch (X) to foot bottom

Fit test boot if possible
or choose 1 size larger
than your normal shoe size

Foot length (Heel to toe) in cm



TAKING MEASUREMENTS

31 BACK LENGTH

From neck to waist



32 NECK TO WRIST

Center neck to wrist
Hands in your side



33 ARM LENGTH

From armpit to wrist
Inside seam



31 FRONT LENGTH

From neck to waist



35 BODY LOOP

Very important dimension

Start at the V in the neck

Go down the front body



Through the leg opening / crotch



Through the legs to the back

The tape measure should follow the Body and **NOT** hang loosely.
At the place the tape end.
Hold a finger to the body.



From this finger measure up



to the bottom of the neck.



36 OUTSIDE LEG

From waist to foot
Outside seam



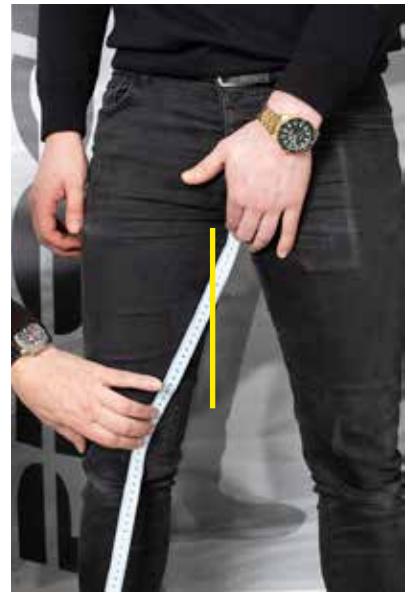
37 INSIDE LEG 1

From crotch to knee joint

The crotch (point X – MTM form) is the point in the middle of the legs.

Where the inside leg seam crosses the crotch seam.

The crotch seam goes from the front waist band to the rear waist band.



38 INSIDE LEG 2

From crotch to ankle joint



39 INSIDE LEG 3

From crotch to foot bottom

Measure when **NOT** wearing shoes / boots.

